

FLAMES BAR AND GRILL TAKE AWAY MENU

APPETISER

GARLIC BREAD BAGUETTES £3.20

GARLIC BREAD TOMATO £3.40

GARLIC BREAD CHEESE £3.60

GARLIC BREAD CHEESE HALF TOMATO £3.90

SOUP OF THE DAY £3.80

SPARE RIBS IN BARBECUE SAUCE £5.90

CHICKEN WINGS IN PIRI PIRI SAUCE £4.50

KING PRAWNS £7.50

(Seasoned in garlic , fresh chillies ,tomato sauce ,herbs & butter)

SPICY CHICKEN LIVER £5.50

(In touch a bit red wine , onions , fresh chillies , tomato sauce)

GARLIC MUSHROOMS IN White wine garlic and herbs £4.20

BREADED MUSHROOMS £4.20

(Served with garlic mayonnaise)

DEEP FRIED BRIE £4.95

(Wedges of brie in breadcrumbs served with cranberry sauce)

DEEP FRIED GOATS CHEESE £4.95

(Deep fried goat's cheese served with salad toasted bread, caramelised onion and balsamic glaze)

DEEP FRIED CALAMARI £5.95

(Calamari rings in breadcrumbs served with tartar sauce)

STUFFED BAKED PEPPER £4.95

(Baked pepper stuffed with rice mixed vegetables, garlic , herbs top with mozzarella cheese and tomato sauce)e

MUSSELS MARINARA £6.50

(Mussels cooked in tomato sauce white wine garlic, chillies and fresh herbs .

Option to or creamy sauce instead tomato sauce

HALLOUMI FRIES £4.50

(Served with cranberry sauce)

TURKISH BEEF SAUSAGE AND GRILLED HALLOUMI £5.95

BLACK PUDDING MERLOT £4.95

(In Red wine, gravy , fresh chillies , chorizo . Served with toasted bread mixed salad)

FLAMES SHARING MEATY PLATTER SERVED FOR TWO £12.95 (Barbecue Ribs , Chicken wings, Parma-ham olives, chicken liver pate, grilled Halloumi cheese and toasted bread)

FLAMES FISH PLATTER (King prawns, deep fried calamari, baby octopus and baby cutlets fish served with tartar sauce and seafood sauce) SERVED FOR TWO £13.95

FLAMES TURKISH COLD MEZZE VEGETARIAN SERVED FOR TWO £12.95 (Stuffed vine leaves with rice, haydari mixture of yogurt, garlic cucumber and mint, Ezme Salad-tomatoes, onions , peppers ,garlic, pomegranate seeds and glaze, aubergine, garlic, mint and olive oil, Accompanied with sides of-hummus, marinated mixed olives and pita bread)

CHICKEN DISHES

GRILLED CHICKEN BREAST £8.95

(Marinated in olive oil, Dijon mustard, paprika ,salt and Garlic)

Choose One of following Sauces : IN Peppercorn / Blue cheese / Diane / Picante

CHICKEN SKEWERS IN MARINATED £8.95

(In Olive oil , Dijon mustard , paprika , garlic salt)

CHICKEN SIZZLER IN SWEET CHILLI £8.95

In onions, peppers and parsley

CHICKEN SIZZLER IN SWEET AND SOUR £8.95

In onions , peppers , Pineapple and parsley.

STEAK DISHES

10oz FILLET STEAK (CHARGRILL) £21.95

10oz Fillet Steak best cooked rare- medium rare , topped with garlic and herb butter , served with home chips , grilled cherry tomatoes , sautéed mushrooms .

10oz SIRLOIN STEAK £16.95

10oz Sirloin Steak best cooked rare-medium rare , topped with garlic and herb butter, served with home chips , grilled cherry tomatoes sautéed mushrooms .

10oz RIB EYE STEAK £ 16.95

10oz rib eye steak best cooked medium, topped with garlic and herb served with home chips , grilled cherry tomatoes , sautéed mushrooms.

22oz T-BONE STEAK £23.95

Best way to cooked Rare-medium rare top with garlic and butter, served with grilled tomatoes , sautéed mushrooms .

COOKING OPTION YOUR STEAK CHOOSE IF YOU LIKE: MEDIUM RARE/ MEDIUM / MEDIUM WELL / WELL DONE

MIXED GRILL £21.95

100g beef fillet ,100g chicken skewer , 5oz rib eye steak ,4oz lamb chops , chorizo and fried egg grilled tomatoes and sautéed mushrooms .

MIXED KEBABS £13.95

100g beef fillet and 200g chicken skewers served with grilled tomatoes, sautéed mushrooms.

Choose one of the following sauces (extra £1.50) Peppercorn /Blue cheese / Diane /Picante sauce

LAMB CHOPS £13.95

Marinated lamb chops with sea salt, black pepper , mint and paprika , lemon zest and olive oil ,

BEEF STROGANOFF £16.95

Chargrilled sliced Beef fillet in cream ,Dijon mustard ,mushroom , onions and brady sauce

BEEF SIZZLER IN SWEET CHILLI £12.95

In onions , peppers and parsley

BEEF SIZZLER IN SWEET SOUR £12.95

In onions, peppers , pineapple and parsley .

CHOOSE ONE OF THE FOLLOWING SIDE WITH YOUR ALL MEAT DISHES: Chips / Mixed roast veg / Boiled rice or House salad

OTTOMAN LAMB CASSEROLE £9.95

Slowed cooked lamb with potatoes , carrots ,garlic , onions , tomato and red pepper paste and topped with mozzarella cheese , served with bulgur and pitta bread.



FISH DISHES

FRESH SEA BASS £13.95

Ban fried fresh Sea bass white wine garlic, butter, parsley, lemon juice , fresh tomatoes and pesto sauce .

TUNA STEAK £17.95

Pan fried 9oz tuna steak in white wine cherry tomatoes, green and black olives capers , olive oil and lemon juice .

SALMON STEAK £10.95

Tuscan style pan fried salmon steak in butter, lemon zest , fresh rosemary and garlic .

KING PRAWNS £ 14.95

Seasoned in white wine, garlic , fresh chillies , tomatoes sauce ,parsley and butter .

TURKISH FISH CASSEROLE £12.95

In Salmon steak with onions, carrots , potatoes , garlic , tomato and red pepper paste

Served with bulgur and pitta bread .

KING PRAWNS SIZZLER IN SWEET CHILI SAUCE £ 13.95

In Onions , peppers and parsley.

KING PRAWNS IN SWEET AND SOUR SAUCE £13.95

In Onions, peppers , pineapple and parsley

CHOOSE ONE OF FOLLOWING SIDE : CHIPS / MIXED ROAST VEGETABLES/ HOUSE SALAD OR BOILED RICE

FLAMES BURGER

THE CLASSIC BURGER £6.95

Our homemade marrow flavour beef burger chargrilled with lettuce , tomato ,red onion ,gherkin and our own FLAMES sauce served with chips .

THE CLASSIC CHICKEN BURGER £ 6.95

Chargrilled chicken breast , lettuce , tomato ,red onion , gherkin and our own FLAMES sauce .

Served with chips.

PIRI –PIRI CHICKEN BURGER £7.20

Chargrilled chicken breast cooked in Piri -piri sauce, lettuce tomato , red onion ,avocado and gherkin and our own FLAMES sauce , served with chips .

THE VEGETARIAN BURGER £6.95

Our delicious homemade vegetarian burger is made with carrots, onions, chilli ,garlic, thym, garden peas , bread crumbs ,lightly fried and oven baked to finish . Topped with blue cheese ,lettuce, tomato ,gherkin and our own FLAMES sauce served with chips.

THE BIG TOWER BURGER £14.95

A tower of 2 of our homemade marrow flavour burger beef burgers chargrilled and layered with cheddar crispy smoked bacon , lettuce , avocado ,gherkin ,tomato , onion rings and our own FLAMES sauce served with chips .

FAMILY BASKET £19.50

1-THE CLASSIC BURGER 1- THE CLASSIC CHICKEN BURGER 1-CHEESE BURGER

2-CHIPS 2-CAN OF DRINKS

ALL OUR BURGER SERVED WITH TOMATO KETCHUP / MAYONNAISE

EXTRA ADDED FOR £90P

Bacon / Cheddar / Blue cheese / onion rings / Fried egg / Avocado

SLOW COOKER RIBS DISHES FOR £11.95

CHOOSE ONE OF THE FOLLOWING SAUCE

IN BARBEQUE SAUCE / JACK DANIELS SAUCE / STICKY HONEY GARLIC SAUCE

RIBS DISHES SERVED WITH HOUSE CHIPS

SIDES /EXTRA

HOMEMADE CHIPS £2

SKINNY FRIES	£2
JACKET POTATO	£2
MIXED ROAST VEGETABLES	£2
HOMEMADE ONION RINGS	£2
HOUSE SALAD	£2
SWEET POTATO FRIES	£3

FLAMES HOMEMADE DESSERTS

ETON MESS (HOMEMADE)	£3.95
BANOFFEE MESS (HOMEMADE)	£3.95
NEW YORK CHEESECAKE	£4.25
MIXED FRUIT CHOCOLATE CREPES	£4.25
CRUNCHY TOFFEE WAFFLES	£4.25
TIRAMISU	£4.25
CHOCOLATE FUDGE CAKE	£4.25

KIDS MENU

CHEESE BEEF BURGER £5.95

CHICKEN NUGGETS £5.95

FLAMES HOT DOG £5.95

FISH FINGERS £5.95

DRINKS MENU

SOFT DRINKS

CAN OF COKE / DIET / ZERO SUGAR £1.00

CAN OF TANGO £1.00

J20 ORANGE & PASSIONFRUIT £2.50

J20 APPLE & RASPBERRY £2.50

CAN OF FANTA £1.00

MILK SHAKES

CHOCOLATE MILK SHAKE / STRAWBERRY MILK SHAKE / VANILLA MILK SHAKE £3.50

CAN OF BEER

FOSTER £2.75

APPLE CIDER £2.75

JOHN SMITH £2.75

GUINNESS £2.75

BOTTLES BEER

PERONI 330ml £3.00

MEROTTI 330ml £3.00

BECK'S 330ml £3.00

BECK'S BLUE 330ml £3.00

STELLA 330ml £3.00

BUDWEISER 330ml £3.00

CORANO 330ml £3.00

SOL 330ml £3.00

DESPERADOS 330ml £3.00

MAGNERS CIDER 568ml £3.00

MIXED KOPPARBERG 500ml £4.00

STRAWBERRY LIME KOPPARBERG 500ml	£4.00
MINERAL WATER STILL 500ml	£2.00
MINERAL SPARKLING WATER 500ml	£2.00
HOUSE WINE RED MERLOT (ITALY) 1 LITRE	£13.95
HALF LITRE HOUSE RED (ITALY)	£8.50
MERLOT (ITALY) 75cl	£9.50

HOUSE LITRE HOUSE WHITE (ITALY)	£12.95
HALF LITRE HOUSE WHITE (ITALY)	£8.50
PINOT GRIGIO 75cl (ITALY)	£9.50
HOUSE ROSE LITRE (ITALY)	£13.95
PINOT BLUSH 75cl (Italy)	£9.50

FLAMES COCKTAILS MENU

SAME 2 COCKTAILS £10.00

SEX ON THE BEACH £5.90

Vodka, peach schnapps, orange juice , cranberry juice

WOO WOO £5.90

Vodka, peach schnapps, raspberry liqueur, cranberry juice

ILLUSION £6.50

Vodka, Malibu, melon liqueur, triple sec ,pineapple juice.

PORN STAR MARTINI £6.50

Passion fruit pure, vodka , passion fruit liqueur

PINA COLADA £6.50

White rum, Malibu, coconut milk pineapple

FRENCH MARTINI £5.90

Vodka, raspberry liqueur, pineapple juice

MARGARITA £5.90

Sour mix Tequila, triple sec

MOJITO £5.90

White Rum, mint ,lime ,brown sugar