

## FISH DISHES

Fresh Sea Bass .....	£14.95
<i>Ban fried fresh sea bass white wine garlic, butter, parsley, lemon juice, fresh tomatoes &amp; pesto sauce</i>	
Tuna Steak.....	£17.95
<i>Pan fried 9oz tuna steak in white wine cherry tomatoes, green &amp; black olives capers, olive oil &amp; lemon juice</i>	
Salmon Steak .....	£11.95
<i>Tuscan style pan fried salmon steak in butter, lemon zest, fresh rosemary &amp; garlic</i>	
King Prawns.....	£ 15.95
<i>Seasoned in white wine, garlic, fresh chillies, tomatoes sauce, parsley &amp; butter</i>	
Turkish Fish Casserole.....	£12.95
<i>In salmon steak with onions, carrots, potatoes, garlic, tomato &amp; red pepper paste Served with bulgur &amp; pitta bread</i>	
King Prawns Sizzler In Sweet Chile Sauce .....	£13.95
<i>In onions, peppers &amp; parsley</i>	
King Prawns In Sweet & Sour Sauce .....	£13.95
<i>In onions, peppers, pine apple &amp; parsley</i>	
Choose one of following sides:	
chips/mixed roast vegetables/house salad or boiled rice	

## SIDES /EXTRA

Skinny Fries .....	£2.00
Jacket Potato .....	£2.00
Mixed Roast Vegetables.....	£2.00
Home Made Onion Rings .....	£2.00
House Salad .....	£2.00
Sweet Potato Fries.....	£3.00



## FLAMES HOMEMADE DESSERTS

Eton Mess (Homemade) .....	£3.95
Banoffee Mess (Homemade) .....	£3.95
New York Cheese Cake.....	£4.25
Mixed Fruit Chocolate Crepes .....	£4.25
Crunchy Toffee Waffles .....	£4.25
Tiramisu .....	£4.25
Chocolate Fudge Cake .....	£4.25

## KIDS MENU

Cheese Beef Burger .....	£5.95
Chicken Nuggets.....	£5.95
Flames Hot Dog .....	£5.95
Fish Fingers.....	£5.95

## DRIKS MENU

SOFT DRINK	
Can Of Coke / Diet / Zero Sugar .....	£1.50
Can Of Tango .....	£1.50
J20 Orange & Passion Fruit.....	£2.50
J20 Apple & Raspberry .....	£2.50
Can Of Fanta.....	£1.50

MILK SHAKES	
Chocolate / Strawberry / Vanilla .....	£3.50

CAN OF BEER	
Foster.....	4.0% Alc/Vol..... £3.00
Apple Cider.....	4.5% Alc/Vol..... £3.00
John Smith .....	4.0% Alc/Vol..... £3.00
Guinness.....	4.1% Alc/Vol..... £3.00

BOTTLED BEER	
Peroni .....	330ml.....5.1% Alc/Vol..... £3.30
Merotti.....	330ml.....4.6% Alc/Vol..... £3.30
Beck's.....	330ml.....4.8% Alc/Vol..... £3.20
Beck's Blue .....	330ml.....0.05% Alc/Vol..... £3.00
Stella .....	330ml.....4.8% Alc/Vol..... £3.20
Budweiser .....	330ml.....4.5% Alc/Vol..... £3.30
Corano.....	330ml.....4.5% Alc/Vol..... £3.30
Sol .....	330ml.....4.2% Alc/Vol..... £3.30
Wkd Blue .....	4.0% Alc/Vol..... £3.20
Wkd Orange.....	4.0% Alc/Vol..... £3.20
Desperados.....	330ml.....5.9% Alc/Vol..... £3.20
Magners Cider.....	568ml.....4.5% Alc/Vol..... £3.30
Mixed Kopparberg .....	500ml.....4.5% Alc/Vol..... £4.30
Strawbery Lime Kopparberg.....	500ml.....4.5% Alc/Vol..... £4.30
Kopparberg Alchol Free.....	0.05% Alc/Vol..... £4.30

WATER	
Mineral Water Still.....	500ml..... £2.00
Minarel Sparkling Water.....	500ml..... £2.00

WINE	
House Red Wine Merlot (Italy).....	1 Litre..... 12% Alc..... £14.95
House Red Wine (Italy) .....	½ Litre..... 12% Alc..... £8.50
Merlot (Italy).....	75cl..... 12% Alc..... £12.95
House White Wine (Italy) .....	1 Litre..... 12% Alc..... £14.95
House White Wine (Italy) .....	½ Litre..... 12% Alc..... £8.50
Pinot Grigio (Italy).....	75cl..... 12% Alc..... £13.95
House Rose (Italy) .....	1 Litre..... 11% Alc..... £14.95
Pinot Blush (Italy).....	75cl..... 12% Alc..... £13.95
Sauvignon Blanc .....	75cl..... 12.5% Alc..... £13.95
Chardonnay .....	75cl..... 13.5% Alc..... £13.95
Prosecco White .....	12% Alc..... £16.95



# TAKEAWAY MENU



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**WE DELIVER**

## APPETISER / STARTERS

Garlic Bread Baguettes .....	£3.20
Garlic Bread Tomato .....	£3.40
Garlic Bread Cheese .....	£3.60
Garlic Bread Cheese Half Tomato .....	£3.90
Breaded Mozzarella Sticks .....	£4.50
<i>In butter mix with bread crumbs served with ketchup</i>	
Soup Of The Day (ask the restaurant).....	£3.50
Spare Ribs In Barbecu Sauce .....	£5.95
Chicken Wings In Piri-Piri Sauce .....	£4.95
King Prawns.....	£7.50
<i>Seasoned in garlic, fresh chillies,tomato sauce,herbs &amp; butter</i>	
Spicy Chicken Liver .....	£5.95
<i>In touch a bit red wine, onions, fresh chillies, tomato sauce</i>	
Garlic Mushrooms In White Wine Garlic & Herbs .....	£4.50
Breaded Mushrooms .....	£4.50
<i>Served with garlic mayonnaise</i>	
Deep Fried Brie.....	£5.50
<i>Wedges of brie in breadcrumbs served with cranberry sauce</i>	
Deep Fried Goats Cheese.....	£5.50
<i>Deep fried goat's cheese served with salad toasted bread, caramelised onion &amp; balsamic glaze</i>	
Deep Fried Calamari .....	£6.20
<i>Calamari rings in butter mix served with tartar sauce</i>	
Stuffed Baked Pepper.....	£4.95
<i>Baked pepper stuffed with rice mixed vegetables, garlic, herbs top with mozzarella cheese &amp; tomato sauce</i>	
Mussels Marinara.....	£6.90
<i>Mussels cooked in tomato sauce white wine garlic, chillies &amp; fresh herbs, option to or creamy sauce instead tomato sauce</i>	
Halloumi Fries .....	£5.50
<i>Served with cranberry sauce</i>	
Turkish Beef Sausage & Grilled Halloumi .....	£6.20
<i>Served with pitta bread &amp; haydari (yogurt, garlic ,mint, cucumber</i>	
Black Pudding Merlot.....	£5.50
<i>In red wine, gravy, fresh chillies, chorizo. Served with toasted bread mixed salad</i>	
Flames Sharing Meaty Plater Served For Two .....	£14.95
<i>Barbecued ribs, chicken wings, parma-ham olives, chicken liver pate, grilled halloumi cheese &amp; toasted bread</i>	
Flames Fish Plater Served For Two .....	£15.95
<i>King prawns, deep fried calamari, baby octopus &amp; baby cutlets fish served with tartar sauce &amp; seafood sauce</i>	
Flames Turkish Cold Mezze Vegetarian Served For Two.....	£12.95
<i>Stuffed vine leaves with rice, haydari mixture of yogurt, garlic cucumber &amp; mint, ezme salad-tomatoes, onions, peppers,garlic, pomegranate seeds &amp; glaze, aubergine, garlic, mint &amp; olive oil, accompanied with sides of-hummus, marinated mixed olives &amp; pitta bread</i>	

## CHICKEN DISHES

Grilled Chicken Breast.....	£10.95
<i>Marinated in olive oil, dijon mustard, paprika, salt &amp; garlic</i>	
Choose one of following sauces: in peppercorn/blue cheese/diane/picante	
Chicken Skewers In Marinated.....	£9.95
<i>In olive oil, dijon mustard, paprika, garlic salt</i>	
Chicken Sizzler In Sweet Chilli.....	£9.95
<i>In onions, peppers &amp; parsley</i>	
Chicken Sizzler In Sweet & Sour .....	£9.95
<i>In onions, peppers, pineapple &amp; parsley</i>	



## STEAK DISHES

10Oz Fillet Steak (Chargrill).....	£21.95
<i>10Oz fillet steak best cooked rare-medium rare, topped with garlic &amp; herb butter, served with home chips, grilled cherry tomatoes, sautéed mushrooms</i>	
10Oz Sirloin Steak .....	£16.95
<i>10Oz sirloin steak best cooked rare-medium rare, topped with garlic &amp; herb butter, served with home chips, grilled cherry tomatoes sautéed mushrooms</i>	
10Oz Rib Eye Steak .....	£16.95
<i>10Oz rib eye steak best cooked medium, topped with garlic &amp; herb served with home chips, grilled cherry tomatoes, sautéed mushrooms</i>	
22Oz T-Bone Steak .....	£23.95
<i>Best way to cooked rare-medium rare top with garlic &amp; butter, served with grilled tomatoes, sautéed mushrooms</i>	
Cooking option your steak choose if you like to: medium rare/medium /medium well/well done	
Mixed Grill.....	£22.95
<i>100G beef fillet, 100g chicken skewer, 5oz rib eye steak, 4oz lamb chops, chorizo &amp; fried egg grilled tomatoes &amp; sautéed mushrooms</i>	
Mixed Kebabs .....	£13.95
<i>100G beef fillet &amp; 200g chicken skewers served with grilled tomatoes, sautéed mushrooms</i>	
Choose one of the following sauces.....(extra £1.50)	
Peppercorn /blue cheese / diane /picante sauce	
Lamb Chops .....	£13.95
<i>Marinated lamb chops with sea salt, black pepper, mint &amp; paprika, lemon zest &amp; olive oil</i>	
Beef Stroganoff.....	£16.95
<i>Chargrilled sliced beef fillet in cream, dijon mustard,mushroom, onions &amp; brady sauce</i>	
Beef Sizzler In Sweet Chilli.....	£12.95
<i>In onions, peppers &amp; parsley</i>	
Beef Sizzler In Sweet Sour .....	£12.95
<i>In onions, peppers, pine apple &amp; parsley</i>	

Slow Cooker Ribs Dishes .....	£12.95
<i>Choose one of the following sause barbeque sause/sticky honey garlic sause</i>	
Ribs dishes served with house chips	
Choose one of the following side with your all meat dishes: chips / mixed roast veg / boiled rice or house salad	
Ottoman Lamb Casserole.....	£10.95
<i>Slowed cooked lamb with potatoes, carrots, garlic, onions, tomato &amp; red pepper paste &amp; topped with mozzarella cheese, served with bulgur &amp; pitta bread</i>	



## FLAMES MOUTHWATERING BURGERS

The Classic Burger.....	£6.95
<i>Our homemade marrow flavour beef burger chargrilled with lettuce, tomato, red onion, gherkin &amp; our own flames sauce served with chips</i>	
The Classic Chicken Burger .....	£ 6.95
<i>Chargrilled chicken breast, lettuce, tomato, red onion, gherkin &amp; our own flames sauce. Served with chips.</i>	
Piri-Piri Chicken Burger .....	£7.95
<i>Chargrilled chicken breast cooked in piri -piri sauce, lettuce tomato, red onion, avocado &amp; gherkin &amp; our own flames sauce, served with chips</i>	
The Vegetarian Burger .....	£6.95
<i>Our delicious homemade vegetarian burger is made with carrots, onions, chilli, garlic, tyme, garden peas, bread crumbs, lightly fried &amp; oven baked to finish. Topped with blue cheese, lettuce, tomato, gherkin &amp; our own flames sauce served with chips</i>	
Vegan Burger.....	£6.95
The Big Tower Burger .....	£14.95
<i>A tower of 2 of our homemade marrow flavour burger beef burgers chargrilled &amp; layered with cheddar, crispy smoked bacon, lettuce, avocado, gherkin, tomato, onion rings &amp; our own flames sauce served with chips</i>	
Flames Flaming Burger.....	£9.95
<i>Our delicious homemade marrow flavour beef burger chargrilled &amp; layered crispy smoked bacon, hot dog sausage, lettuce, gherkin, tomato, jalapenos, cramalized onions &amp; our flames sauce served with chips</i>	
Family Basket .....	£19.50
<i>1-The classic burger 1- the classic chicken burger 1-cheese burger</i>	
<i>2-Chips 2-can of drinks</i>	
All our burger served with tomato ketchup / mayonnaise	
Extra added for.....	£90p
Bacon/cheddar/blue cheese/onion rings/fried egg/avocado	